

# Regional Officials' Qualification

## Judge of Stroke



### Questions

#### **Pre-requisites for qualification:**

##### **Be familiar with –**

- SNZ 'Guide for Technical Officials'.
- FINA Rules (2013-2017) SW 1 to 13; FR 2 and 4; GR 5 to 9; BL 8; OWS 1 to 7.
- A qualified Regional IOT
- SNZ Regulations
- FINA DVD

#### **1. Membership**

- a) How do you become a member of your Regional Swimming Association?

#### **2. Rules and Regulations**

- a) Name the two organisations whose rules and regulations govern the sport in New Zealand?

#### **3. Qualification Entitlement**

- a) Which events can you officiate at as a JOS once you are qualified?

#### **4. Responsibilities**

##### **Pre Session:**

- a) When should you arrive at the pool?
- b) Who do you report to and why?
- c) What equipment should you have with you?
- d) What checks should you make around the pool?
- e) What meeting should you attend?

#### **6. Describe Your Poolside Role and Positions**

##### **Role:**

##### **At the Start and Moving Towards the Turn End:**

**Positions #1 and #4**

**Positions #2 and #3**

##### **At the Turn End and Moving Towards the Start End**

##### **During the Race**

- a) **What Should You Observe?**
- b) **Can a swimmer swim any stroke in a Freestyle event?**

##### **General Comments:**

# Regional Officials' Qualification

## Judge of Stroke



**7. Describe the Stroke Rules for:** *(copy exact wording of new rules for each rule)*

- a) Freestyle - SW 5
- b) Backstroke - SW 6
- c) Breaststroke - SW 7
- d) Butterfly - SW 8
- e) Medley events - SW 9
- g) The Race Rules - SW 10

**8. Long Distance Events - 800m and 1500m Events**

- a) Describe your duties during a long distance event?

**9. Swimwear and Advertising**

- a) What are the rules regarding competitors swimwear and advertising?

**10. End of Session/Meet Tasks**

- a) What are your tasks at the conclusion of a session/meet?

**Remember** – Be fair and consistent  
It's all about team work