



E-NEWS . 15th September 2014 . NO.16

Hi everyone, E-News for Mid-September. For our new members, these twice a month editions are our way to keep you informed and keep your in-box low, however as it is a busy time of the Swimming year please make sure you read the attachments to this email. Please take the time and enjoy the read, as we have some awesome news in here for the Club!

CONTENT:

Swimming New Zealand's new Website page opens – with Swim Rotorua!

September Race Night Sunday 21st from 3-5pm

Taranaki Short Course Winter Champs

Westpac Business Awards

Central North Island Meet & Fundraising (attachment)

Weetbix Try-athon – help required (attachment)

Rocket Teams (Updated and attached)



Bianca's Silver at AIMS

The Coaches:

Alastair

EXCELLENCE: This was achieved on the results from The Secondary Schools Champs held in Wellington followed by the Swimming New Zealand Short Course Meet & then AIMS!!!

Excellent results for Secondary Schools and the Daily Post had a good write-up on the 10th September for Nationals. Well Done Jack Weston on your Bronze medal for 100 Breaststroke. Brother Paddy Baylis made a fine time 17 min 14.01 sec for 1500 meter Freestyle gaining a 5th place. David Boles made several PB's and top 10 finals placings. Not to be outdone Tara Chemis and Rachel Mead competed in their first National Short Course Championships, tough racing after a full on weekend with Secondary Schools. Well done all.

There is a follow-up report in the Daily Post so keep a look out for us and you can keep up to date with our Facebook and website pages too!

Remember: Use a log book or Juniors Passport, to write down the following:

1. Your goals – keep it simple and short term.
2. Which A (Attitude, Attendance, Application or Ability) will you improve. How will you improve it?
3. Race Night or local swim meets results – record your times and place. It's always encouraging to see your times improve and this will spur you on more

Remember to bring your Passport Juniors!

Bronwen

AIMS is for school years 7 and 8 and Bianca Donnelly obtained good Silver medals for the 100 & 200 Freestyle. James Baldwin Bronze for 100 Freestyle & Silver 50 Free. Jude Carpenter, Samantha Irving and Milla Theobald all gained good PB's in this competition which is classed as the Championships for Intermediate and Middle Schools.

Bronwen is always thrilled to see those swimmers who have been promoted from her Squads to the performance Programme excel. she adds her congratulations to those swimmers who have swam PB's recently and Bianca and James for podium finishes at AIMS as above. Swimmers in the Development, Fun and Fitness Squads also continue to delight and make great improvements & she looks forward to them having some race experience in the next few months.

ATM's are another important group for her. Commonly known as Adults, Tri-Athletes and Masters or as they like to call themselves – Advanced Training Machines, you are awesome! The numbers are continuing to grow and we welcome any parents who are keen to give it a go!

Many thanks to Maree Mead for Camp Mother duties for Nationals in Wellington along with Fiona, Ellen and David as Official's from the club.

Bronwen has a special request later in this E-News, especially if you have Competitive Swimmers, but anyone can help, we need as much help as possible! Check out "Down the Line"

Erika

Only 2 weeks to the end of Term 3 but Erika would like the Juniors to please come along to the Holiday Program Details to follow. She is looking forward to seeing you all back for Term 4. Have a great holiday!

Claire and the Race Night Gang!

RACENIGHT Sunday 21st September 3-5pm at 25 meter pool.

25m races for Silver Squad

50 Meter races for everyone

100 freestyle and Individual Medley for Gold and above

25-meter back and 100 Free will earn Rocket Team points

You can also earn Team Points by improving your start – whether you dive or start in the water.

If you have never been to a Race Night - come along and have a go. It is fun, there are no disqualifications and you choose what you race. You do not have to be able to dive. You will set personal best times and you might get speed awards!

Check out the poster below, get a spring in your step and off the blocks and go for it!

Reminder for the Athlete of the Month trophies, Can they PLEASE be returned on the Friday before the race-night. From October there may be a change to the Award for Athlete of the Month!

October Race night Sunday 19th 3-5pm * Note date change* as advised earlier E-News.

8th November 2-4pm

21st December 3-5pm



Spring

Into SWIM ROTORUA'S

RACE NIGHT

Sunday 21st September

3-5pm

IMPROVE YOUR RACING SKILLS

BEAT YOUR BEST TIMES

EARN SPEED AWARDS

Upcoming dates:

Taranaki 26th – 28th September

All Competitive Swimmers are urged to attend. This is a great trip with lots of fun. Please advise by return email if you are attending as entries close this Tuesday 16th September! Alastair and Bronwen are sorting the entries and will see all of those who have confirmed they are going. If you are going for the first time:- have fun; swim hard and don't worry. Lots of people and your fellow swimmers will all be there to help you and cheer you on!

CNI – to be held at Rotorua Friday 24th to Monday 27th October. (Monday is the annual Luge Event 8am to 10am) Further details to follow re entries but be warned.... we will need as much help as possible with setting up; taking down and everything in between!

Swimming New Zealand new web page is up and Swim Rotorua are the first ones on!! As you are all registered you should be receiving this weekly "Freestyler" email from them (if not please let Swim Rotorua Admin know!)

On Friday 12th September Swim Rotorua had the pleasure of being the first web page to go up on this site so check out the link on the Freestyler page or below and look at the start of a great new webpage for us. Karen Nixon has done an outstanding job with this and if you have anything that you think should be of interest for this page please contact Swim Rotorua admin and I will pass it onto her.

<http://www.rotorua.swimming.org.nz/>



Short Course Team, Wellington, 2014

Down the Line:

From Bronwen: Dear all, on Friday 3rd October Swimming New Zealand will be holding the Age Group Development Camp here in Rotorua. Camp runs from 3rd to 6th October.

Bronwen has been given this opportunity to fundraise by catering this group. Money raised will be to help Kane on his Olympic quest and ALL National Qualifiers within the club, to attend Nationals in 2015.

So where too from here.....

With 80 people to cater for we need your help with food preparation, cooking and serving all meals for these swimmers and coaches, based at Kiwi paka by the swimming pool, from the Friday afternoon/evening through to Monday morning breakfast. Saturday and Sunday are three meals, so you can see how much help we need and your assistance with cooking for this number! Please contact Swim Rotorua Admin on swimrotoruaadmin@gmail.com or Bronwen by return email of the day and times you can help. Further information regarding times will be coming. If you are physically unable to help but are able to provide food, fruit, home baking etc we would greatly appreciate that too. We are aiming to have a roster in place very soon. So if you are able to help in any way we would be very grateful.

Down the Line (Continued)

[Tauranga Splash Attack 22nd November – details to follow.](#)

[Weetbix Try-athon 7th December](#)- Swim Rotorua is going to set up some pre-event training sessions. Details to follow so let your friends know!

Vivien Cooper is now also asking for people to please contact her on the email below as she is starting to get the marshaling list sorted and will also need assistance, even if for an hour or two, on the course, catering etc.
b&b@theredwoods.co.nz

[Central North Island](#)

Vivien also needs our Business memberships to help us in a fundraiser with Prizes for the Silent Auction at the Central North Island Meet on Labor weekend (27th October)

She has attached some information & yes we need your help with this. This is a major fundraiser for the Club, which will benefit ALL of our membership. Please read the attachment to this E-News. Email contact as above.

On Thursday 25th September Rotorua Rotary are organizing an evening with Scott Donaldson 5.30-7.30pm at the Sudima. He will be speaking about his Epic journey with his kayak. Tickets available from Professionals Real Estate and Goulds Photographic. Tickets \$25 and proceeds go to Asthma NZ. Scott was a Swimming Coach in Rotorua and has coached some of our, now older, swimmers!



Westpac Trophy...will we get to see the whole picture??

YES...Swim Rotorua are in for TWO Finalist nominations for the Westpac Rotorua Business Excellence Awards!

The Hits Community Organization Business Awards along with St Chads and Wairariki Institute and the Rotorua Trust Community Support Distinction Award with TV Rotorua and Rangiwewehi Charitable Trust. To be announced 3rd October so keep those fingers crossed! There is also the awesome chance to come along and be there on the night as we have a table there. *Contact us as soon as possible if you would like to come.*

ANZ Bank Partners Programme with Swim Rotorua for Homes or Business loans. If you are thinking about this, check out the ANZ Information in the Clubroom. By doing this it helps the club earn credits for purchasing equipment, computers etc.

While we are on the subject don't forget the **DQD Loyalty Program.**

In need of new swim togs? Check out DQ'd on the following site and when you order, put in that you are with Swim Rotorua! Help the Club earn some rewards from DQ'd!

www.dqdswimming.co.nz

For all swimming gear also see Bronwen and Pauline pool-deck as we have a lot of items in stock. ***Please let me know if you need any further information on*** swimrotoruaadmin@gmail.com