



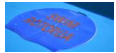
## E-NEWS . 5<sup>th</sup> February 2015. NO.02

Hi everyone, Happy New Year! We hope you have had a good Christmas and New Year.

*In this edition:*



*Waitangi Day – Lake Rotoma. 2<sup>nd</sup> Swim of the Swim the Lakes Series*



*Swimarathon 15<sup>th</sup> February (attached)*



*Upcoming swim meets: Papamoa (entries closed) Rising Stars in Taupo (attached)*



*Good luck for National Juniors, Central Swimming Champs in Hamilton*



*Welcome to our new members.*



*Central Bay of Plenty and Primary Inter-schools swimming + Stroke clinics for these events*

*Reminder – NO JUNIOR ACADEMY TRAINING SWIMSTAR OR SUPER-GOLD FRIDAY 6<sup>TH</sup> FEB. NORMAL TRAINING TIMES PM AND 7-9am for the usual morning squads on Friday mornings.*



Swim the Lakes Series – second swim Lake Rotoma 6<sup>th</sup> February (tomorrow!) and Lake Okataina is the final event on March 15<sup>th</sup>. So entries to Bronwen on [swimrotoruarecorder@gmail.com](mailto:swimrotoruarecorder@gmail.com) tonight please. If your plans change for you, you can enter on the day BUT PLEASE mention you are with the club so it can be recorded on the end results. It is the expectation that all our Performance Squads will attend this and as many from Development and Fun & Fitness to. Also, Juniors YOU can do this so in fact our entire membership!

The final Lake is Okataina on the 15<sup>th</sup> March so for our adults looking at getting some tuition in for this please comes along to the ATM session on Thursday evenings 6-7pm with Bronwen. Entries for this through Bronwen on the recorder email above and as soon as possible please. Further details will be sent out, along with requests for assistance setting up and assisting at this final swim as Swim Rotorua are the hosts! Clear your in-box!

Juniors\_-Courses are marked out; people on the water to help you, and it's not a race – take your time and have fun!



Long Course Swim Rotorua Summer Meet and Long Course Distance Champs were held Saturday 24<sup>th</sup> & Sunday 25<sup>th</sup> January. We were lucky with the weather and saw many happy faces collecting their rewards. Well done to you all.



Rotary Club and Swim Rotorua Swimathon February 15<sup>th</sup> for Polio. Instead of a race night afternoon for February we are all going in to the 50-meter pool to help Rotary fundraise for this event on the morning of Sunday 15<sup>th</sup> February starting 9am to 2pm. Swim as many 50 meter laps as you can to raise funds for the fight against polio. For every \$ you raise, Bill Gates will add \$2! Flyer attached. Sponsor forms have been sent out and we want all our academy swimmers there too. Remember bring \$\$\$, sponsor forms and a smile and do what you can! Distance Certificates for non-stop 200m, 500m and 1km!!

Come wearing your Team Color, Team with the most Laps swum WINS .....Rotary are providing BBQ and refreshments too.



There's a new Squad Rep pool deck in Juniors..be kind, give your name and say hello to Jackie Cowie who will be there Wednesday and Friday helping Pauline along. If anyone can help us out for the Thursday 4-5pm or 5-6pm squad please let me know too on the Admin email



We had a couple of lake swim sessions during the holidays. Firstly Blue Lake followed by a sausage sizzle, (Bronwen in a Kayak with coffee in one hand and mobile in the other will be a long memory for many!) and then Lake Okareka.

Many thanks to those who went out on Kayaks here and Henry in his little boat, to make sure all our swimmers were safe and all got back to shore! Also thank you to Claire and Henry for the use of the BBQ and deck for supper afterwards, a great evening and with some awesome efforts over several distances from 2.6km to 300 meters. Well done all



Welcome and congratulations to the following:

Silver Squad: Danielle Lepa in Team Titan; Elise Cresswell in Team Jets; Jake Harvey-Brown in Team Apollo; Jared Hamilton in Team Starship and Daniel Hamilton in Team Jets

Gold Squad: Charlotte Graham Team Apollo; Riya Thumme in Team Apollo; Menna Jones in Team Jets:

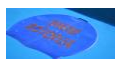
Come along to the racenights and help you team win!

Team Colors: Apollo-**RED**. Jets- **ORANGE**. Starship – **BLUE** and Titans - **BLACK**

**LOST PROPERTY:** Has anyone picked up an “Onesie” at Bay of Plenty Juniors held back in December, Sequoia has lost hers.

Claire also has a bowl left at her's from the Lake Okareka swim and a pair of Blue and Purple goggles from the Whakatane meet. Just email me if these are yours items, or you have the “Onesie”

## COACHES:



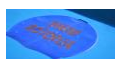
### Alastair-Head Coach

Junior Camp held 19-23<sup>rd</sup> January was well attended and many thanks to his little helpers, James, Milla and Emily.

Attached for Junior Academy parents/swimmers, a copy of the Passport "My Best Times" and Goals pages as some of you are filling you passports up fast and have run out of space.

Central Champs in Hamilton coming up for those in the Performance B & A squads. Alastair will need your entries for Bronwen by late tonight!

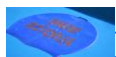
Alastair will be off to Wellington with our National Junior swimmers, so well done to Bianca, Milla and Emily and well done to those who qualified but are not able to attend – this time!



### Bronwen

The holiday clip cards worked well for our term account swimmers. If you have unused clips these can be used at the next holiday, so don't loose it!

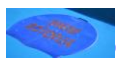
We have Rising Stars meet in Taupo coming up 14<sup>th</sup> March. (Flyer attached)  
This is for COMPETITIVE registered Performance C and Juniors; As before any question for your entries ask your coaches and to Bronwen please on [swimrotoruarecorder@gmail.com](mailto:swimrotoruarecorder@gmail.com) as soon as possible so she has time to sort and check the times before official close date.



### Erika

Great to have so many of you back and really chuffed at her new faces coming ob board too. PLEASE BRING A NAMED DRINKS BOTTLE & PASSPORT & CAP to your session. The inside pool is very hot at this time of the year and you must have a drink with you. Lots of headaches after the first couple of weeks training!

Lots of different things coming up for these squads so be there and don't miss out!



CLAIRE

Make sure you enter your school swimming sports and encourage your Primary / Intermediate school to enter the CBOP Interschool and BOP Primary/interschool swimming competition coming up 24<sup>th</sup> & 31<sup>st</sup> March. Claire Baylis is our Swim Rotorua School Liaison Manager if you need any further information on this, please email her on [cbaylis@extra.co.nz](mailto:cbaylis@extra.co.nz)

If you have friends who are not in Swim Rotorua, but who are doing these events, we are holding Stroke sessions on Saturday 14<sup>th</sup> and Saturday 22<sup>nd</sup> February at 2-3pm – They should do this!! It is aimed at those who do not do the training you are all doing.

Please contact Claire on the above email for further details.

An email has gone out to our timekeepers and registered IOT and Officials for your assistance in running these two events. Please reply as soon as possible if you have not already done so to the admin email or Claire's email. Many thanks, if the officials are not there ...it can't run!

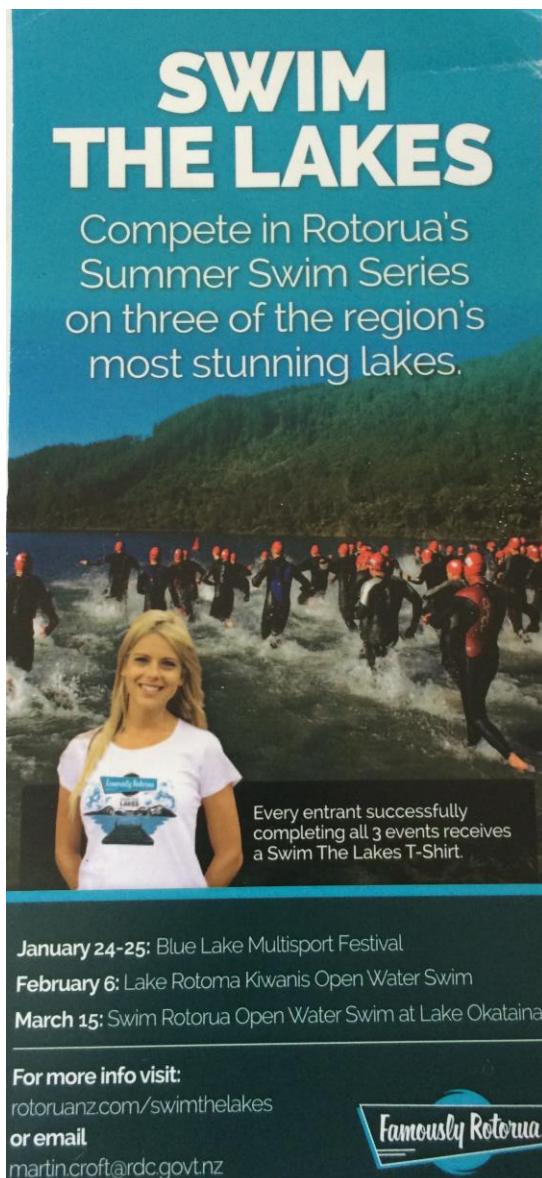
The 31<sup>st</sup> arch event will probably be a half-day.

*Athletes of the Month will be returning for February so do your best and make sure you get your name there too!*

Pauline: I would just like to say a big thank you for the help I had over the weekend with the BOP National Juniors Camp and at the Whakatane Meet. Morning and afternoon teas, Drivers and the Aquatic Centre for the SPAS!

1<sup>st</sup> February-Perth, Australia, Kane Radford...

Congrats to Kane, New Zealand Open Water Champion, on his awesome swim here for a place in the National Team for July's World Championships in Russia. Done in the Swan River with many swimmers from USA, UK, Europe and Australia. 10km finishing 19<sup>th</sup> with a 30 second difference from the winner! He claimed a 6<sup>th</sup> place amongst the Australasian swimmers. Well Done!!



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Summer Swim Series  
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**January 24-25:** Blue Lake Multisport Festival  
**February 6:** Lake Rotoma Kiwanis Open Water Swim  
**March 15:** Swim Rotorua Open Water Swim at Lake Okataina

For more info visit:  
[rotoruanz.com/swimthelakes](http://rotoruanz.com/swimthelakes)  
or email  
[martin.croft@rdc.govt.nz](mailto:martin.croft@rdc.govt.nz)

**Famously Rotorua**

Check out our web page on the Swimming New Zealand site <http://www.rotorua.swimming.org.nz/>

If you go to Otonga School check out the February Calendar on your Mobile App...You never know what you may find there and when you do, tell your friends!

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