

Swimmers registered with Jellie Park Aqualand Sports Institute Inc (JASI) participate in the program for fitness and competition.



JASI is a family friendly club where all swimmers have the right to learn and improve their swimming in a respectful and safe environment.

This Code of Conduct defines the appropriate parameters for interactions and obligations, and thus identifies the required standard of behaviour by its swimmers, parents and coaches.

It also identifies JASI's commitment to making everyone's involvement in the Club a positive experience.

Please review this Code of Conduct carefully and share and discuss the information with your child(ren). Once reviewed the swimmer and parents/caregivers must agree to this Code of Conduct at the time of registration.

SWIMMER CODE OF CONDUCT

All swimmers representing JASI must abide by the following:

BEHAVIOURAL EXPECTATIONS:

- Swimmers are responsible for treating other swimmers with respect within the context of their activity, regardless of gender, place of origin, colour, sexual orientation, religion, political belief, economic status or ability. Any form of bullying will not be tolerated.
- The use of inappropriate or abusive language, bullying, harassment, discrimination or physical violence will not be tolerated and could result in action being taken through the club disciplinary policy.
- Swimmers should refrain from criticism of coaches, fellow swimmers, club staff, Committee members, parents and officials.
- Swimmers should not use tobacco, alcohol or other drugs which affect their physical ability, mood or behaviours whilst competing for JASI, unless prescribed by a physician for medical purposes.
- Swimmers should abide by the Sports Anti-Doping Policy. Illegal and Performance Enhancing Drugs and Substances are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.
- Not participate (or benefit from assisting others involved) in sports betting or gambling activity associated with swimming events and/or swimming results in which they are participating or have been directly involved in.
- Swimmers should respect the achievements of their opponents and fellow teammates.
- Swimmers who represent the JASI should behave in a manner which reflects favourably on themselves and on the Club.

TRAINING EXPECTATIONS:

- a. Arrive on time.
- b. The swimmers will respect their coaches at all times; no vulgarity or backtalk is acceptable. Swimmers are expected to pay attention and follow all of the coach's instructions completely and exactly. If any clarification is needed, this is to be done so in a polite manner.

- c. If the swimmer needs to leave early from practice, they must notify the coach prior to the start of practice.
- d. Be fully equipped and prepared for practice sessions. Each swimmer should have their own; goggles, swim caps, drinks bottles, boards, fins etc. These should be sorted out before the start of each practice session. Swimmers should also use the bathroom before each practice session.
- e. No swimmer shall interrupt or interfere with another swimmer's right to a quality practice session. Complete the work required – disruption of practice by a swimmer will be grounds for removal from the session.
- f. Follow the correct lane etiquette at all times.
- g. Follow the training plan, do not skip lengths you are only cheating yourself. Do the correct starts and turns at all times, practice your streamline off every push off and turn.
- h. Do not sit or pull on the lane rope.
- i. Wear appropriate swimwear for practice.
- j. Give 100% of your best in both training and competition.

MEET EXPECTATIONS:

- a. Swimmers must arrive ½ hour before the meet is scheduled and in good time to warm up with the team.
- b. Be part of the team. Stay with the team on poolside and if you leave for any reason you must tell the Coach and/or Team Manager where you are going.
- c. Always congratulate other swimmers after the race regardless of your own result.
- d. Listen for your race to be announced and go to the marshalling area in time and report in.
- e. Support your teammates. Everyone likes to be supported.
- f. Club uniform and club caps must be worn at all times when representing the club.
- g. After your race report to the coach first, not your parents. Receive feedback on your race and splits.
- h. Stay to the end of every meet to cheer for your teammates and to step up if you are needed in the relay.
- i. If you need to leave a meet early, let your coaches know as early as you can and inform them when you are leaving.
- j. Let your coaches and team manager resolve any problems that may arise at a meet. It's their job.
- k. Never challenge a swim official, let the coaches handle it.

DISCIPLINARY ACTION

JASI committee prefers not to have to issue any form of disciplinary action and it is hoped and expected that all swimmers will adhere to this code. However, if an incident occurs that needs addressing the following procedures will take place:

1. If the poor behaviour is witnessed by a coach/instructor/team manager a verbal warning will be issued.
2. If the poor behaviour continues or the behaviour is of sufficient seriousness to indicate that the swimmer does not wish to swim in the practice session or competition, the swimmer will be told to leave the pool immediately and get dressed. If a parent/caregiver is not in attendance, the swimmer will be required to remain poolside once dressed, until collected. Depending on the severity of the behaviour the swimmer may be suspended for a period of time set by the Club Committee and Coaching Provider.

3. If a swimmer is issued with more than one suspension the Club Committee (in conjunction with the Coaching Provider) will decide if expulsion is necessary.

Any behaviour resulting in the swimmer being removed from practice will be communicated to the parent as soon as possible and an incident report will be completed by the coach.

PARENT CODE OF CONDUCT

How parents behave will have an impact on their children's experience while a member at JASI.

In instances where there is a failure to follow the Parent Code of Conduct, the incident will be discussed & reviewed by the JASI Committee. Appropriate disciplinary action may be imposed ranging from a warning to suspension or expulsion from the club.

As a parent of a swimmer and thus a member of JASI I will consistently display high standards of sportsmanship and agree to abide by the Parent Code of Conduct. In doing so I will:

1. Demonstrate good sportsmanship by conducting myself in a manner that is respectful of my child, other swimmers, parents, officials, and the coaches at meets and practices.
2. Be respectful in my interactions with all persons.
3. Acknowledge and respect the boundaries of my role as a parent, whereby Swimmers – Swim, Coaches – Coach, Officials – Officiate and Parents – Parent.
4. Refrain from criticism of coaches, officials, volunteers, and swimmers. When I feel criticism is warranted, I will offer it in a manner that is respectful, through proper channels and away from the pool.
5. Foster open communication between parents, swimmers and coaches emphasising goal-setting and focusing on the performance expectations and behaviour of both the swimmer and the parents.
6. Refrain from discussing the progress of swimmers other than my own with the coaching staff.
7. Foster a healthy athlete-coach relationship by encouraging my child to raise concerns or issues with their coach before involving myself in the discussion.
8. Foster a positive training and competition environment of all swimmers in all situations by adopting the values of team spirit, team loyalty and unity.
9. Not interrupt or confront coaching staff on the pool deck during practice or competitions.
10. Not display abusive language towards coaches, staff, swimmers, parents, officials or my own child.
11. Ensure to meet JASI's volunteering obligations.
12. Ensure that the Club and child's coach or team manager is informed of any absenteeism, medical conditions or other relevant matters concerning my child.
13. Know my child's training and/or competitive programme and accept that it is my responsibility for delivering and collecting my child to and from training and competition.

COACH CODE OF CONDUCT

JASI's coaching provider and their coaching staff are expected to abide by the following:

- Treat everyone equally regardless of gender, disability, ethnic origin or religion.
- Respect the talent, developmental stage and goals of each athlete in order to help each athlete reach their full potential.
- Be a positive role model for your sport and athletes and act in a way that projects a positive image of coaching
- Display high standards in your language, manner, punctuality, preparation and presentation.

- Display control, courtesy, honesty, dignity and professionalism to all involved within the sphere of the sport - this includes opponents, coaches, officials, administrators, Committee members, the media, parents and spectators. Encourage your athletes to demonstrate the same qualities.
- Refrain from initiating an inappropriate relationship with an athlete and discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
- Accurately represent personal coaching qualifications, experience, competence and affiliations.
- Refrain from criticism of other coaches.
- Seek continual improvement through ongoing coach education and other personal and professional development opportunities.
- Provide athletes with planned and structured training programmes appropriate to their needs and goals.
- Seek advice and assistance from professionals when additional expertise is required.
- Maintain appropriate records.
- Encourage and promote a healthy lifestyle.
- Adopt appropriate risk management strategies to ensure that the training and/or competition environment is safe.
- Ensure equipment and facilities meet safety standards.
- Ensure equipment, rules, training and the environment is appropriate for the age, physical and emotional maturity, experience and ability of the athletes.
- Encourage athletes to seek medical advice when required.
- Provide a modified training program where appropriate.
- Any physical contact with athletes should be appropriate to the situation and necessary for the athlete's skill development.
- Humour must be non-discriminatory.
- Not participate (or benefit from assisting others involved) in sports betting or gambling activity associated with swimming events and/or swimming results in which they are participating or have been directly involved in.
- Abide by the Sports Anti-Doping Rules and advocate a sporting environment free of drugs and other performance-enhancing substances within the guidelines of the Drug-Free Sports New Zealand.

All coaches/instructors issuing warnings or exclusions from lessons MUST ensure that they are dealing with the incident/behaviour fairly and that if more than one swimmer is misbehaving, the severity of the warning is explained to all swimmers involved. If a Club member is excluded from the Born2Swim training programme the Club must be informed in writing within 24 hours.

If parents have concerns about any of the coaches or any aspect of coaching, they should first encourage their child to speak with his or her coach. If this does not resolve the issue, they then should arrange to meet with their child's coach to discuss the issue during a prearranged time. If parents have further concerns or if they feel the issue has not been dealt with adequately, they should then contact the Club Administrator or any member of the Committee.

REPORTING INCIDENTS & CONCERNS

All parents and swimmers are encouraged to informally report incidents/concerns to coaches Administrator or any member of the Committee at any time. The incident will be discussed with the coach or swimmer in question and if further action is required the Club Committee will be informed.

Should a swimmer or parent feel that a verbal complaint is not sufficient, they must write a formal complaint to the Club Committee. The Committee will investigate the complaint, gain statements and discuss the findings before deciding the course of action to be taken. A formal response will be made to the complainant.