



Te Kopuru Swimming Club

Kauri Coast Community 50m Swimming Pool Dargaville Saturday 29th February 2020

Warm up 9.30am Start 10.30am

1. **200m Free**
2. **100m Back**
3. **50m Breast**
4. **200m IM**
5. **50m Back**
6. **100m Fly**
7. **200m Back**
8. **9yrs & under 4 x 50m Freestyle Relay**
9. **10 & 11yr olds 4 x 50m Freestyle Relay**

— 20 minute break —

10. **200m Breast**
11. **100m Free**
12. **50m Fly**
13. **100m Breast**
14. **200m Fly**
15. **400 IM**
16. **50 m Free**

Meet Conditions:

- ~ *Meet will be swum under the rules of SNZ*
- ~ *Swimmers must be registered & entered on the SNZ database.*
- ~ *All Clubs required to provide 1 official per 3 swimmers entered.*
- ~ *No refunds will be given after publication of psych sheets.*
- ~ *Age on the day.*
- *Entries \$8 per event*
- ~ *All participants must comply with the Sports Anti-Doping Rules*
- ~ *Entries \$8 per event.*

Entries will be online via SNZ Database.

Entries open 14th January 2020—24th February 2020

Enquires to tekopuruswimmingclub@gmail.com

Entry enquires to events@swimmingnorthland.org.nz

BBQ – Baked goods – Raffles available on the day

Prize draw for a First Aid Kit each club entered in carnival is one entry

SPOT PRIZES FOR SWIMMERS & PETROL VOUCHER DRAWS FOR OFFICIALS ON THE DAY