



AquaGym Code of Conduct

Objective; the code of conduct is designed to provide guidance to athletes, parents, volunteers and coaches around the behaviours that will support an open and inclusive environment at our club. The code will promote a positive team and club culture, positioning AquaGym as a leading club in regards to positive behaviour, morale and culture.

AquaGym members, staff and volunteers must meet the following standard of behaviour:

- Be respect the rights, dignity of others;
- Be fair, considerate and honest in all dealings with others;
- Bullying will not be tolerated;
- Harassment of any form will not be tolerated.
- Sexual Harm will not be tolerated. Let your conversations and actions with team members demonstrate respect for others and yourself. Avoid language or actions that may be perceived as sexual harm, discriminatory or offensive for example; using insults or taunts of a sexual nature, unwanted invitations to go out on dates, requests for sexual favours, repeated or inappropriate advances on email or social networking websites and intrusive questions or comments about a person's private life, clothing or physical appearance or sending sexually explicit pictures, posters, gifts, emails or text messages
- Be a positive role model;
- Be a good team member by being empathetic, supportive, welcoming and encouraging to all AquaGym team members; and

In addition, swimmers will:

- never argue or abuse an official;
- conduct yourself in a sporting manner and respect fellow swimmers;
- co-operate, listen to and follow the instructions from your coach (Head and Junior Coach);
- listen to and follow instructions from the Team Manager;
- comply with training, competition, curfew and behaviour requirements directed by the AquaGym appointed officials while at meets, on tours or in camp; and
- always try your best.

In addition coaches will:

- respect the rights, dignity and worth of every individual athlete;
- treat everyone equally regardless of gender, disability, ethnic origin or religion;
- respect the talent, developmental stage and goals of each athlete in order to help each athlete reach their full potential;
- maintain high moral standards of integrity; and
- operate within the rules of the sport and in the spirit of fair play, while encouraging your athletes to do the same.

In addition the parents and guardians will:

- Discuss this Code of Conduct with their Swimmer to ensure that there is a clear understanding of the clubs expectations.
- remember that children participate in sport for their enjoyment;
- be encouraging, encourage children to participate, do not force them;
- focus on your child efforts in their performance, not winning or losing;
- remember children learn by example;
- support the decisions and actions of the coaches; and
- be the parent, their biggest cheerleader.....they already have a coach.

AquaGym Swim Club – Travel Code of Conduct

AquaGym takes pride in the fine culture we have as a team and as a swim club.

Each swimmer has a responsibility to follow this code of conduct and protect the high standard we have all worked so hard to achieve:

- Always follow the instructions of the coaches and/or team managers.
- Always wear your AquaGym uniform to, during and from the pool.
Wear your cap in warm up/down and during races. Wear it all with pride.
- Always wear your club track top or hoodie on the medal dais and obey any other Swimming NZ rules.
- Show total respect to everyone and always display excellent manners.
- Always show great sportsmanship by congratulating your competitors and respecting their space in the marshalling area, in the stands and during warm up.
- Be courteous at all times – Make sure you thank Bus Drivers, people serving food, staff at Swim Centres, Coaches and Managers / Parent Helpers.
- Always ask Managers or Coaches if you need to leave the accommodation for any reason and adhere to the response.
- Relationships with other team members are discouraged as these often have a destructive result on squad culture. Where such relationships do arise however, they should not be obvious in any way shape or form throughout the trip.

- Respect “lights out” times and rest times – allow other swimmers the rest they need.
- Cell phones will be handed in to the Managers at their discretion and returned at their discretion.
- Strictly no alcohol or drugs.
- For 18 years and over only - on the last night of competition - if you wish to attend a function where alcohol will be served you must sign yourself out of the accommodation and relieve the team manager of any responsibility for you. You must arrange accommodation away from the rest of the team.

Member Protection Policy

Aquagym Swimming Club has adopted and abides by the Swimming New Zealand (SNZ) and Swim Canterbury West Coast (SCWC) member protection policies. Both member protection policies outline to swimmers, parents, caregivers, volunteers, supporters and others their obligations to prevent and address discrimination, sexual harm and any other form of inappropriate behaviour and to protect members from harm and abuse. In signing this Code of Conduct, you are acknowledging that you are aware of this policy and complying with its standards of behaviour.

A breach of any of the above will be dealt with as per the Aquagym Disciplinary Policy.

Signature of Swimmer

Signature of parent/caregiver

Date

Associated Documents

Swimming New Zealand Member Protection Policy

Aquagym Complaints Policy

Aquagym Disciplinary Policy