



Tuesday 5 April			Wednesday 6 April			Thursday 7 April			Friday 8 April			Saturday 9 April		
Heats - Session 1			Heats - Session 3			Heats - Session 5			Heats - Session 7			Heats - Session 9		
Warm-up: 8am - 9.55am Start: 10.10am			Warm-up: 8am - 9.55am Start: 10.10am			Warm-up: 8am - 9.55am Start: 10.10am			Warm-up: 8am - 9.55am Start: 10.10am			Warm-up: 8am - 9.55am Start: 10.10am		
1	400m Individual Medley	M	9	100m Backstroke	M	19	400m Freestyle	M	27	100m Freestyle	M	35	800m Freestyle (TF)	W
2	50m Breaststroke	W	10	100m Backstroke	W	111	400m Freestyle - MC	M	117	100m Freestyle - MC	M	36	200m Individual Medley	M
101	50m Breaststroke - MC	W	11	50m Butterfly	M	20	100m Butterfly	W	28	200m Backstroke	W	121	200m Individual Medley - MC	M
3	50m Breaststroke	M	107	50m Butterfly - MC	M	112	100m Butterfly - MC	W	29	200m Backstroke	M	37	200m Individual Medley	W
102	50m Breaststroke - MC	M	12	50m Butterfly	W	21	200m Breaststroke	M	30	100m Freestyle	W	122	200m Individual Medley - MC	W
4	1500m Freestyle (TF)	W	108	50m Butterfly - MC	W	22	200m Breaststroke	W	118	100m Freestyle - MC	W	38	1500m Freestyle (TF)	M
103	150m Individual Medley - MC	M	13	200m Freestyle	M	23	50m Backstroke	M	31	200m Butterfly	M	39	50m Freestyle	W
104	150m Individual Medley - MC	W	109	200m Freestyle - MC	M	113	50m Backstroke - MC	M	32	200m Butterfly	W	123	50m Freestyle - MC	W
5	400m Individual Medley	W	14	100m Breaststroke	W	24	50m Backstroke	W	119	100m Breaststroke - MC	M	40	50m Freestyle	M
105	100m Backstroke - MC	M	15	100m Breaststroke	M	114	50m Backstroke - MC	W	120	100m Breaststroke - MC	W	124	50m Freestyle - MC	M
106	100m Backstroke - MC	W	110	200m Freestyle - MC	W	25	100m Butterfly	M						
6	800m Freestyle (TF)	M	16	200m Freestyle	W	115	100m Butterfly - MC	M						
						116	400m Freestyle - MC	W						
						26	400m Freestyle	W						

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Finals - Session 2			Finals - Session 4			Finals - Session 6			Finals - Session 8			Finals - Session 10		
Warm-up: 4pm - 5.50pm Start: 6.15pm			Warm-up: 4pm - 5.50pm Start: 6.10pm			Warm-up: 4pm - 5.50pm Start: 6.10pm			Warm-up: 4pm - 5.50pm Start: 6.10pm			Warm-up: 4pm - 5.50pm Start: 6.10pm		
201	4 x 100m Freestyle Relay - MC	Mix	9	100m Backstroke	M	19	400m Freestyle	M	27	100m Freestyle	M	35	800m Freestyle (FTF)	W
1	400m Individual Medley	M	10	100m Backstroke	W	111	400m Freestyle - MC	M	117	100m Freestyle - MC	M	36	200m Individual Medley	M
2	50m Breaststroke	W	11	50m Butterfly	M	20	100m Butterfly	W	28	200m Backstroke	W	121	200m Individual Medley - MC	M
101	50m Breaststroke - MC	W	107	50m Butterfly - MC	M	112	100m Butterfly - MC	W	29	200m Backstroke	M	37	200m Individual Medley	W
3	50m Breaststroke	M	12	50m Butterfly	W	21	200m Breaststroke	M	30	100m Freestyle	W	122	200m Individual Medley - MC	W
102	50m Breaststroke - MC	M	108	50m Butterfly - MC	W	22	200m Breaststroke	W	118	100m Freestyle - MC	W	38	1500m Freestyle (FTF)	M
4	1500m Freestyle (FTF)	W	13	200m Freestyle	M	23	50m Backstroke	M	31	200m Butterfly	M	39	50m Freestyle	W
103	150m Individual Medley - MC	M	109	200m Freestyle - MC	M	113	50m Backstroke - MC	M	32	200m Butterfly	W	123	50m Freestyle - MC	W
104	150m Individual Medley - MC	W	14	100m Breaststroke	W	24	50m Backstroke	W	119	100m Breaststroke - MC	M	40	50m Freestyle	M
5	400m Individual Medley	W	15	100m Breaststroke	M	114	50m Backstroke - MC	W	120	100m Breaststroke - MC	W	124	50m Freestyle - MC	M
105	100m Backstroke - MC	M	110	200m Freestyle - MC	W	25	100m Butterfly	M	33	4 x 200m Freestyle Relay	M	202	4 x 100m Medley Relay - MC	Mix
106	100m Backstroke - MC	W	16	200m Freestyle	W	115	100m Butterfly - MC	M	34	4 x 200m Freestyle Relay	W	41	4 x 100m Medley Relay	Mix
6	800m Freestyle (FTF)	M	17	4 x 100m Medley Relay	M	116	400m Freestyle - MC	W						
7	4 x 100m Freestyle Relay	W	18	4 x 100m Medley Relay	W	26	400m Freestyle	W						
8	4 x 100m Freestyle Relay	M												