

# NCEA Level 2 and 3 Swimming Conversion Table

Note: 3 stroke 150m medley is not an events at either the Olympic or Paralympic Games.

Note: The 150m medley was found by subtracting the 50m butterfly from the 200m medley.

Note: 8 minute swim is not an event at either the Olympic or Paralympic Games.

Note: 8 minute swim was found by comparing the time to swim 400m.

Classification	Event	World Record	Paralympic Record	Conversion Factor
S1	3 Stroke 150m Medley	01:32.98	00:00.00	0
	3 Stroke 200m Medley	01:32.98	00:00.00	0
	200 Medley	01:55.94	00:00.00	0
	400m	03:40.08	00:00.00	0
	8 Minute Swim	03:40.08	00:00.00	0

Classification	Event	World Record	Paralympic Record	Conversion Factor
S2	3 Stroke 150m Medley	01:32.98	00:00.00	0
	3 Stroke 200m Medley	01:32.98	00:00.00	0
	200 Medley	01:55.94	00:00.00	0
	400m	03:40.08	00:00.00	0
	8 Minute Swim	03:40.08	00:00.00	0

Classification	Event	World Record	Paralympic Record	Conversion Factor
S3 + SM3	3 Stroke 150m Medley	01:32.98	03:58.08	2.560551
	3 Stroke 200m Medley	01:32.98	03:58.08	2.560551
	200 Medley	01:55.94	04:59.66	2.584613
	400m	03:40.08	00:00.00	0
	8 Minute Swim	03:40.08	00:00.00	0

Classification	Event	World Record	Paralympic Record	Conversion Factor
S4 + SM4	3 Stroke 150m Medley	01:32.98	02:49.54	1.823403
	3 Stroke 200m Medley	01:32.98	02:49.54	1.823403
	200 Medley	01:55.94	03:34.66	1.851475
	400m	03:40.08	00:00.00	0
	8 Minute Swim	03:40.08	00:00.00	0

Classification	Event	World Record	Paralympic Record	Conversion Factor
S5 + SM5	3 Stroke 150m Medley	01:32.98	02:26.75	1.578296
	3 Stroke 200m Medley	01:32.98	02:26.75	1.578296
	200 Medley	01:55.94	03:04.15	1.588322
	400m	03:40.08	00:00.00	0
	8 Minute Swim	03:40.08	00:00.00	0

Classification	Event	World Record	Paralympic Record	Conversion Factor
S6 + SM6	3 Stroke 150m Medley	01:32.98	02:16.79	1.471177
	3 Stroke 200m Medley	01:32.98	02:16.79	1.471177
	200 Medley	01:55.94	02:49.30	1.460238
	400m	03:40.08	04:56.46	1.347056
	8 Minute Swim	03:40.08	04:56.46	1.347056

Classification	Event	World Record	Paralympic Record	Conversion Factor
S7 + SM7	3 Stroke 150m Medley	01:32.98	02:10.88	1.407615
	3 Stroke 200m Medley	01:32.98	02:10.88	1.407615
	200 Medley	01:55.94	02:42.20	1.398999
	400m	03:40.08	04:53.75	1.334742
	8 Minute Swim	03:40.08	04:53.75	1.334742

Classification	Event	World Record	Paralympic Record	Conversion Factor
S8 + SM8	3 Stroke 150m Medley	01:32.98	01:56.96	1.257905
	3 Stroke 200m Medley	01:32.98	01:56.96	1.257905
	200 Medley	01:55.94	02:26.82	1.266345

	400m	03:40.08	04:40.30	1.273628
	8 Minute Swim	03:40.08	04:40.30	1.273628
Classification	Event	World Record	Paralympic Record	Conversion Factor
S9 + SM9	3 Stroke 150m Medley	01:32.98	01:51.90	1.203485
	3 Stroke 200m Medley	01:32.98	01:51.90	1.203485
	200 Medley	01:55.94	02:21.22	1.218044
	400m	03:40.08	04:25.24	1.205198
	8 Minute Swim	03:40.08	04:25.24	1.205198
Classification	Event	World Record	Paralympic Record	Conversion Factor
S10 + SM10	3 Stroke 150m Medley	01:32.98	01:48.72	1.169284
	3 Stroke 200m Medley	01:32.98	01:48.72	1.169284
	200 Medley	01:55.94	02:15.70	1.170433
	400m	03:40.08	04:04.20	1.109597
	8 Minute Swim	03:40.08	04:04.20	1.109597
Classification	Event	World Record	Paralympic Record	Conversion Factor
S11 + SM11	3 Stroke 150m Medley	01:32.98	01:51.65	1.200796
	3 Stroke 200m Medley	01:32.98	01:51.65	1.200796
	200 Medley	01:55.94	02:22.97	1.233138
	400m	03:40.08	04:20.83	1.18516
	8 Minute Swim	03:40.08	04:20.83	1.18516
Classification	Event	World Record	Paralympic Record	Conversion Factor
S12 + SM12	3 Stroke 150m Medley	01:32.98	01:46.58	1.146268
	3 Stroke 200m Medley	01:32.98	01:46.58	1.146268
	200 Medley	01:55.94	02:14.42	1.159393
	400m	03:40.08	04:11.58	1.14313
	8 Minute Swim	03:40.08	04:11.58	1.14313
Classification	Event	World Record	Paralympic Record	Conversion Factor
S13 + SM13	3 Stroke 150m Medley	01:32.98	01:52.31	1.207894
	3 Stroke 200m Medley	01:32.98	01:52.31	1.207894
	200 Medley	01:55.94	02:19.65	1.204502
	400m	03:40.08	04:16.20	1.164122
	8 Minute Swim	03:40.08	04:16.20	1.164122
Classification	Event	World Record	Paralympic Record	Conversion Factor
S14 + SM14	3 Stroke 150m Medley	01:32.98	01:50.96	1.193375
	3 Stroke 200m Medley	01:32.98	01:50.96	1.193375
	200 Medley	01:55.94	02:18.12	1.191306
	400m	03:40.08	04:24.46	1.201654
	8 Minute Swim	03:40.08	04:24.46	1.201654

Conversion of 200m Medley to 150 Medley

	200m Medley	50m Butterfly	150m Medley
Able Body	01:55.94	00:22.96	01:32.98
SM3	04:59.68	01:01.60	03:58.08
SM4	03:34.66	00:45.12	02:49.54
SM5	03:04.15	00:37.40	02:26.75
SM6	02:49.30	00:32.51	02:16.79
SM7	02:42.20	00:31.32	02:10.88
SM8	02:26.82	00:29.86	01:56.96
SM9	02:21.22	00:29.32	01:51.90
SM10	02:15.70	00:26.98	01:48.72
SM11	02:22.97	00:31.32	01:51.65
SM12	02:14.42	00:27.84	01:46.58
SM13	02:19.65	00:27.34	01:52.31
SM14	02:18.12	00:27.16	01:50.96

NCEA Level 2 150m Medley

Able Bodied Student

Achievement	Under	03:30.00
Merit	Under	03:00.00
Excellence	Under	02:40.00

SM1			SM2			SM3		
Achievement	Under	N/A	Achievement	Under	N/A	Achievement	Under	08:57.7
Merit	Under	N/A	Merit	Under	N/A	Merit	Under	07:40.9
Excellence	Under	N/A	Excellence	Under	N/A	Excellence	Under	06:49.7

SM4			SM5			SM6		
Achievement	Under	06:22.9	Achievement	Under	05:31.4	Achievement	Under	05:08.9
Merit	Under	05:28.2	Merit	Under	04:44.1	Merit	Under	04:24.8
Excellence	Under	04:51.7	Excellence	Under	04:12.5	Excellence	Under	03:55.4

SM7			SM8			SM9		
Achievement	Under	04:55.6	Achievement	Under	04:24.2	Achievement	Under	04:12.7
Merit	Under	04:13.4	Merit	Under	03:46.4	Merit	Under	03:36.6
Excellence	Under	03:45.2	Excellence	Under	03:21.3	Excellence	Under	03:12.6

SM10			SM11			SM12		
Achievement	Under	04:05.5	Achievement	Under	04:12.2	Achievement	Under	04:00.7
Merit	Under	03:30.5	Merit	Under	03:36.1	Merit	Under	03:26.3
Excellence	Under	03:07.1	Excellence	Under	03:12.1	Excellence	Under	03:03.4

SM13			SM14		
Achievement	Under	04:13.7	Achievement	Under	04:10.6
Merit	Under	03:37.4	Merit	Under	03:34.8
Excellence	Under	03:13.3	Excellence	Under	03:10.9

NCEA Level 2 400m

Able Bodied Student

Achievement	Under	09:00.0
Merit	Under	07:00.0
Excellence	Under	06:00.0

S1			S2			S3		
Achievement	Under	N/A	Achievement	N/A	N/A	Achievement	N/A	N/A
Merit	Under	N/A	Merit	N/A	N/A	Merit	N/A	N/A
Excellence	Under	N/A	Excellence	N/A	N/A	Excellence	N/A	N/A

S4			S5			S6		
Achievement	Under	N/A	Achievement	Under	N/A	Achievement	Under	12:07.4
Merit	Under	N/A	Merit	Under	N/A	Merit	Under	09:25.8
Excellence	Under	N/A	Excellence	Under	N/A	Excellence	Under	08:04.9

S7			S8			S9		
Achievement	Under	12:00.8	Achievement	Under	11:27.8	Achievement	Under	10:50.8
Merit	Under	09:20.6	Merit	Under	08:54.9	Merit	Under	08:26.2
Excellence	Under	08:00.5	Excellence	Under	07:38.5	Excellence	Under	07:13.9

S10			S11			S12		
Achievement	Under	09:59.2	Achievement	Under	10:40.0	Achievement	Under	10:17.3
Merit	Under	07:46.0	Merit	Under	08:17.8	Merit	Under	08:00.1
Excellence	Under	06:39.5	Excellence	Under	07:06.7	Excellence	Under	06:51.5

S13			S14		
Achievement	Under	10:28.6	Achievement	Under	10:48.9
Merit	Under	08:08.9	Merit	Under	08:24.7
Excellence	Under	06:59.1	Excellence	Under	07:12.6

NCEA Level 3 150m Medley

Able Bodied Student

Achievement	Under	03:12.0
Merit	Under	02:34.0
Excellence	Under	02:22.0

SM1			SM2			SM3		
Achievement	Under	N/A	Achievement	Under	N/A	Achievement	Under	08:11.6
Merit	Under	N/A	Merit	Under	N/A	Merit	Under	06:34.3
Excellence	Under	N/A	Excellence	Under	N/A	Excellence	Under	06:03.6

SM4			SM5			SM6		
Achievement	Under	05:50.1	Achievement	Under	05:03.0	Achievement	Under	04:42.5
Merit	Under	04:40.8	Merit	Under	04:03.1	Merit	Under	03:46.6
Excellence	Under	04:18.9	Excellence	Under	03:44.1	Excellence	Under	03:28.9

SM7			SM8			SM9		
Achievement	Under	04:30.3	Achievement	Under	04:01.5	Achievement	Under	03:51.1
Merit	Under	03:36.8	Merit	Under	03:13.7	Merit	Under	03:05.3
Excellence	Under	03:19.9	Excellence	Under	02:58.6	Excellence	Under	02:50.9

SM10			SM11			SM12		
Achievement	Under	03:44.5	Achievement	Under	03:50.6	Achievement	Under	03:40.1
Merit	Under	03:00.1	Merit	Under	03:04.9	Merit	Under	02:56.5
Excellence	Under	02:46.0	Excellence	Under	02:50.5	Excellence	Under	02:42.8

SM13			SM14		
Achievement	Under	03:51.9	Achievement	Under	03:49.1
Merit	Under	03:06.0	Merit	Under	03:03.8
Excellence	Under	02:51.5	Excellence	Under	02:49.5

## NCEA Level 4 200m 3 Stroke Medley

### Able Bodied Student

Achievement	Under	04:37.0
Merit	Under	03:42.0
Excellence	Under	03:17.0

SM1			SM2			SM3		
Achievement	Under	N/A	Achievement	Under	N/A	Achievement	Under	11:49.3
Merit	Under	N/A	Merit	Under	N/A	Merit	Under	09:28.4
Excellence	Under	N/A	Excellence	Under	N/A	Excellence	Under	08:24.4

SM4			SM5			SM6		
Achievement	Under	08:25.1	Achievement	Under	07:17.2	Achievement	Under	06:47.5
Merit	Under	06:44.8	Merit	Under	05:50.4	Merit	Under	05:26.6
Excellence	Under	05:59.2	Excellence	Under	05:10.9	Excellence	Under	04:49.8

SM7			SM8			SM9		
Achievement	Under	06:29.9	Achievement	Under	05:48.4	Achievement	Under	05:33.4
Merit	Under	05:12.5	Merit	Under	04:39.3	Merit	Under	04:27.2
Excellence	Under	04:37.3	Excellence	Under	04:07.8	Excellence	Under	03:57.1

SM10			SM11			SM12		
Achievement	Under	05:23.9	Achievement	Under	05:32.6	Achievement	Under	05:17.5
Merit	Under	04:19.6	Merit	Under	04:26.6	Merit	Under	04:14.5
Excellence	Under	03:50.3	Excellence	Under	03:56.6	Excellence	Under	03:45.8

SM13			SM14		
Achievement	Under	05:34.6	Achievement	Under	05:30.6
Merit	Under	04:28.2	Merit	Under	04:24.9
Excellence	Under	03:58.0	Excellence	Under	03:55.1

NCEA Level 4 200m 4 Stroke Medley

Able Bodied Student

Achievement	Under	04:36.0
Merit	Under	03:35.0
Excellence	Under	03:13.0

SM1			SM2			SM3		
Achievement	Under	N/A	Achievement	Under	N/A	Achievement	Under	11:53.4
Merit	Under	N/A	Merit	Under	N/A	Merit	Under	09:15.7
Excellence	Under	N/A	Excellence	Under	N/A	Excellence	Under	08:18.8

SM4			SM5			SM6		
Achievement	Under	08:31.0	Achievement	Under	07:18.4	Achievement	Under	06:43.0
Merit	Under	06:38.1	Merit	Under	05:41.5	Merit	Under	05:14.0
Excellence	Under	05:57.3	Excellence	Under	05:06.5	Excellence	Under	04:41.8

SM7			SM8			SM9		
Achievement	Under	06:26.1	Achievement	Under	05:49.5	Achievement	Under	05:36.2
Merit	Under	05:00.8	Merit	Under	04:32.3	Merit	Under	04:21.9
Excellence	Under	04:30.0	Excellence	Under	04:04.4	Excellence	Under	03:55.1

SM10			SM11			SM12		
Achievement	Under	05:23.0	Achievement	Under	05:40.3	Achievement	Under	05:20.0
Merit	Under	04:11.6	Merit	Under	04:25.1	Merit	Under	04:09.3
Excellence	Under	03:45.9	Excellence	Under	03:58.0	Excellence	Under	03:43.8

SM13			SM14		
Achievement	Under	05:32.4	Achievement	Under	05:28.8
Merit	Under	04:19.0	Merit	Under	04:16.1
Excellence	Under	03:52.5	Excellence	Under	03:49.9

Level 3 8 Minute Swim

Able Bodied Student

Achievement	275.00	375.00
Merit	400.00	500.00
Excellence	525.00	

SM1		
Achievement	N/A	N/A
Merit	N/A	N/A
Excellence	N/A	N/A

SM2		
Achievement	N/A	N/A
Merit	N/A	N/A
Excellence	N/A	N/A

SM3		
Achievement	N/A	N/A
Merit	N/A	N/A
Excellence	N/A	N/A

SM4		
Achievement	N/A	N/A
Merit	N/A	N/A
Excellence	N/A	N/A

SM5		
Achievement	N/A	N/A
Merit	N/A	N/A
Excellence	N/A	N/A

SM6		
Achievement	204.15	278.38
Merit	296.94	371.18
Excellence	389.74	0.00

SM7		
Achievement	206.03	280.95
Merit	299.68	374.60
Excellence	393.33	

SM8		
Achievement	215.92	294.43
Merit	314.06	392.58
Excellence	412.21	

SM9		
Achievement	228.18	311.15
Merit	331.90	414.87
Excellence	435.61	

SM10		
Achievement	247.84	337.96
Merit	360.49	450.61
Excellence	473.14	

SM11		
Achievement	232.04	316.41
Merit	337.51	421.88
Excellence	442.98	

SM12		
Achievement	240.57	328.05
Merit	349.92	437.40
Excellence	459.27	

SM13		
Achievement	236.23	322.13
Merit	343.61	429.51
Excellence	450.98	

SM14		
Achievement	228.85	312.07
Merit	332.87	416.09
Excellence	436.90	